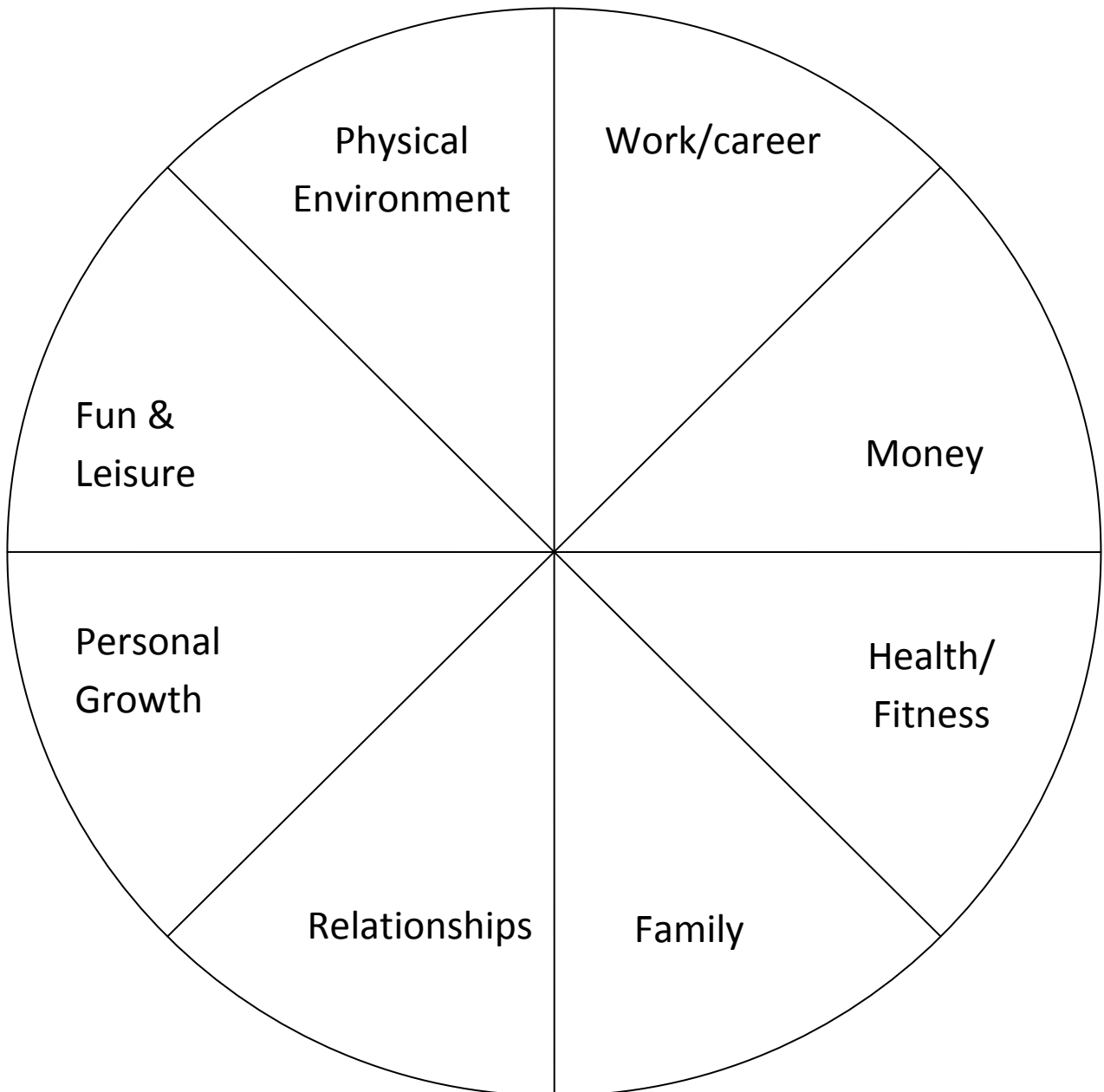


## The Wheel of Life

**Directions:** The eight sections in the Wheel of Life represent Life Balance. Seeing the center of the wheel as 0 and the outer edges as 10, rank your level of satisfaction with each area by shading each section.



My Inspiring goal/s \_\_\_\_\_